

CALVERT COUNTY WELLNESS COMMITTEE

AGENDA

**Wednesday, January 15, 2020
2:00 p.m.**

- 2:00 p.m.** 1. **Meeting Call to Order**
- **Take Attendance/Introduction**
 - **Approval of December 18, 2019 Meeting Minutes**
- 2:05 p.m.** 2. **Open Discussion**
- **Discuss Zumba Classes**
 - **Discuss Cooking Demonstrations**
 - **Discuss Calendar 2020 Plans**
- 3:00 p.m.** 3. **Adjournment**