



# Calvert County NEWS

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## FOR IMMEDIATE RELEASE

**Date:** Sept. 12, 2019

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### **Parks & Recreation to Host Yoga Event for Breast Cancer Awareness Month**

**PRINCE FREDERICK, Md. – Sept. 12, 2019** – You may not need a reason to do yoga, but it might feel extra good to do yoga for a reason. In honor of Breast Cancer Awareness Month in October, the Calvert County Department of Parks & Recreation is partnering with Living Beyond Breast Cancer to host a “Reach and Raise on the Road” yoga event. Reach and Raise is a morning of connection, support and yoga for everyone.

The event will be held Sunday, Oct. 6, from 10:30 a.m. to 12:30 p.m. at Hallowing Point Park. Cost to participate is \$24 per person. Participants of all ages are welcome and will be eligible for giveaways, door prizes and more.

To register for this and other Parks & Recreation events and classes, citizens can create an account using the department's online [registration system](#). The activity number for this event is 140600. Proceeds from the event will benefit the Department of Parks & Recreation Therman Gray Memorial Scholarship Fund and Living Beyond Breast Cancer education and support programs.

For updates on Calvert County Parks & Recreation services, park availability, field closures and more visit Parks & Recreation at [www.facebook.com/CalvertCountyParks](https://www.facebook.com/CalvertCountyParks). Find information on Calvert County Government services online at [www.CalvertCountyMd.gov](http://www.CalvertCountyMd.gov). Stay up to date with Calvert County Government on Facebook at [www.facebook.com/CalvertCountyMd](https://www.facebook.com/CalvertCountyMd).

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