



# Calvert County News

175 Main St., Prince Frederick, MD 20678 • 410-535-2003  
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## FOR IMMEDIATE RELEASE

**Date:** April 29, 2025

**Contact:** Julie Yingling, Public Information Program Manager  
410-535-2003 [Julie.Yingling@calvertcountymd.gov](mailto:Julie.Yingling@calvertcountymd.gov)

Eryn Lowe, Communications & Media Relations Director  
410-535-2003 [Eryn.Lowe@calvertcountymd.gov](mailto:Eryn.Lowe@calvertcountymd.gov)

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## Chalk the Walk for Children's Mental Health Awareness

**PRINCE FREDERICK, Md. – April 29, 2025** – May is Mental Health Awareness Month and residents are invited to “Chalk the Walk” at participating public locations throughout Calvert County to raise awareness about the importance of children’s mental health.

The Calvert County Family Network (CCFN) and Department of Parks & Recreation, in partnership with Calvert County Public Schools, Calvert County Sheriff’s Office, Calvert Library, CalvertHealth, Calvert County Behavioral Health, the Local Behavioral Health Advisory Council, and Calvert County local businesses, will host the fourth annual “Chalk the Walk” event, happening May 4–10.

During the week, families, schools, businesses and community groups are encouraged to decorate sidewalks, driveways and pavements with chalk messages and artwork that promote hope, support and well-being for children and youth.

How to participate:

- Use sidewalk chalk to write encouraging messages or draw uplifting images
- Chalk your walk at home, school or workplace
- Share your creations on social media using the hashtag [#CalvertMentalHealthMatters](https://www.instagram.com/CalvertMentalHealthMatters) to show support and spread awareness

Mental health affects how children think, feel and act. It plays a key role in how they handle stress, relate to others and overcome challenges. Talking openly about mental health helps reduce stigma and can make it easier for children and families to seek the help they need.

Calvert County offers a variety of resources for youth struggling with mental health needs and their families. Find local resources at [www.OurCalvert.org](http://www.OurCalvert.org) or contact the Local Care

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Team at [www.CalvertCountyMd.gov/LocalCareTeam](http://www.CalvertCountyMd.gov/LocalCareTeam). For more information about children's mental health, visit [www.ChildrensMentalHealthMatters.org/find-help/parents-families/](http://www.ChildrensMentalHealthMatters.org/find-help/parents-families/).

For more information about Chalk the Walk, contact the CCFN at 410-414-5997.

Find information on Calvert County Government services online at [www.CalvertCountyMd.gov](http://www.CalvertCountyMd.gov). Stay up to date with Calvert County Government on Facebook at [www.facebook.com/CalvertCountyMd](http://www.facebook.com/CalvertCountyMd) and YouTube at [www.youtube.com/CalvertCountyGov](http://www.youtube.com/CalvertCountyGov).

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