



Calvert County NEWS

175 Main Street
Courthouse
Prince Frederick, Maryland 20678
Phone: 410-535-4583 • 301-855-1880
www.co.cal.md.us

Board of Commissioners
Gerald W. Clark
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Contacts: Mark Volland, Marketing Communications Specialist
410-535-4583 Email: vollanrm@co.cal.md.us
Carrie Lovejoy, Public Information Specialist
410-535-4583 Email: lovejocb@co.cal.md.us

Professional SportsCare & Rehab Providing Top-Notch Physical Therapy and Injury Screenings in Dunkirk, Md.

PRINCE FREDERICK, Md. – Dec. 9, 2013 – Professional SportsCare & Rehab opened its Dunkirk offices in early 2013 and, since then, the staff has been providing convenient, professional and comprehensive physical therapy, occupational therapy and sports medicine services to residents in Calvert, Prince George’s and southern Anne Arundel counties.

Rosalea Knight, clinic director, has a primary goal in patient care: to make people feel better. Knight and her team believe communication and patient education are keys to successful treatment. “I consider myself to be an assertive therapist and I’ll push my patients to achieve better results when necessary,” Knight says. “But I believe it also takes a balanced mix of compassion, challenging exercises and motivation to lead patients toward healthier lives.”

In addition to her doctorate degree in physical therapy and providing traditional physical therapy treatments and assessments such as those undertaken following surgery or injury, Knight is also a Certified Athletic Trainer. She and her team are adept at providing FREE injury screenings and consultations for athletes, sporting clubs and high school teams. “We can provide functional movement analyses to athletes of all levels, skills and abilities and help determine the best flexibility or core exercises, training programs or orthotics to prevent or recover from sports-related injuries and get them back into action as quickly as possible,” she says.

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Professional SportsCare & Rehab is a physical therapist-owned and managed company co-founded by Greg Smith, MS, ATC and Head Athletic Trainer for the Washington Capitals of the National Hockey League, and Gary Katz, PT, ATC, CSCS. With locations throughout the mid-Atlantic, it provides comprehensive physical therapy services and specializes in general orthopedics, sports injuries, post-operative care, total joint rehab, spine care, hand therapy, industrial rehabilitation and work solutions, arthritis and pain management, wellness care and fitness.

Professional SportsCare & Rehab is dedicated to serving the needs of every patient under its care – whether he or she is a recreational, student or professional athlete or needs treatment due to a non-sports related injury – and is committed to working with the highest standards of ethics and professional ability. It is the preferred physical therapy provider of the region’s top physicians and is also part of an extensive sports medicine network, providing athletic training and sports medicine services to Baltimore-Washington D.C. area scholastic, collegiate and professional athletic teams.

Professional SportsCare & Rehab works in partnership with Maryland SportsCare & Rehab and is part of the Physical Therapy Network, the mid-Atlantic’s largest network of physical therapist owned and managed practices.

Professional SportsCare & Rehab is located in the Dunkirk Gateway Shopping Center at 2987 Plaza Drive, Dunkirk, Md. For more information or to schedule an appointment, visit online at www.prosportscare.com or call 443-964-6348.

For more information about the Calvert County Department of Economic Development, our visitor sites and attractions and the services available to assist county businesses, call 410-535-4583 or 301-855-1880; send an email to info@ecalvert.com; or visit online at www.ecalvert.com.

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Calvert County is Maryland’s smallest county in land area with 213 square miles. It is home to nearly 90,000 people and has one of the highest standards of living in Maryland. Major industries include defense contracting, information technology, tourism, energy, advanced manufacturing and administrative services. Like us on Facebook by searching for Calvert County Government, Calvert County, Maryland.