



# Calvert County NEWS

175 Main Street  
Courthouse  
Prince Frederick, Maryland 20678  
Phone: 410-535-4583 • 301-855-1880  
www.co.cal.md.us

*Board of Commissioners*

**Mike Hart**  
**Tom Hejl**  
**Pat Nutter**

**Evan K. Slaughenhaupt Jr.**  
**Steven R. Weems**

## **FOR IMMEDIATE RELEASE**

**Date:** July 1, 2016  
**Contact:** Mark Volland, Marketing/Communications Specialist  
410-535-4583 Email: [vollanrm@co.cal.md.us](mailto:vollanrm@co.cal.md.us)  
Angela Walters, Public Information Specialist  
410-535-4583 Email: [walteram@co.cal.md.us](mailto:walteram@co.cal.md.us)

---

## **Take the Pledge to Eat Fresh Every Day During Buy Local Agriculture Week July 23-31**

**PRINCE FREDERICK, Md. – July 1, 2016** – In conjunction with the state of Maryland, Calvert County will celebrate the bounty of local agricultural products July 23-31 by highlighting the benefits of buying local products from area farms, farmers markets and farm stands.

The Calvert County Board of County Commissioners will officially proclaim July 23-31 “Buy Local Agriculture Week” during its meeting Tuesday, July 19, and will encourage county residents to take the pledge to eat at least one thing every day from a local farm during the week. There are endless ways to participate in the statewide “Buy Local Challenge.” Add one or two farm items a day to your meals – perhaps fresh eggs and bacon with breakfast one day, a snack of local fruit or a glass of local wine on another.

As part of the week’s celebrations, residents can shop at a temporary farmers market on the lawn of the Calvert County Circuit Courthouse on Main Street in Prince Frederick every Wednesday in July from 12 to 4 p.m.

Residents are also encouraged to visit the county’s many roadside stands as well as the farmers markets during this week and throughout the summer: Stop by one of the following markets:

- Tuesdays in Prince Frederick in the Calvert Memorial Hospital parking lot 3-7 p.m., May 5-Nov. 24

~ more ~

## Take the Pledge to Eat Fresh Every Day During Buy Local Agriculture Week July 23-31

July 1, 2016

Page 2

- Thursdays in Solomons at the Riverwalk north of Solomons Pavilion, 3-6:30 p.m., May 12-Nov. 17
- Fridays in North Beach between 5th and 7th streets and Bay Avenue 6-9 p.m., May 1-Oct. 16
- Saturdays in Prince Frederick at the Calvert County Fairgrounds on Route 231 7:30 a.m.-noon, May 9-Nov. 21

The Calvert County Agriculture Commission offers a wealth of information about the county's farms, including when and where to buy local produce and meats and the location of local farm stands. For more information, visit [www.calvertag.com](http://www.calvertag.com). For more information on Maryland's Buy Local Challenge and to get recipes visit [www.buy-local-challenge.com](http://www.buy-local-challenge.com).

For more information about the Calvert County Department of Economic Development, our visitor sites and attractions and the services available to assist county businesses, call 410-535-4583 or 301-855-1880; send an email to [info@ecalvert.com](mailto:info@ecalvert.com); or visit online at [www.ecalvert.com](http://www.ecalvert.com). Like Calvert County Government on [Facebook](#).

###

*Calvert County is Maryland's smallest county in land area with 213 square miles. It is home to nearly 90,000 people and has one of the highest standards of living in Maryland. Major industries include defense contracting, information technology, tourism, energy, advanced manufacturing and administrative services. (LL)*