

## OB Providers

Calvert Women's Center  
410-535-5610  
Estes, Barbara, MD  
Ginter, Hilary, M.D.  
Johnson, Michelle M.D.  
1) Calvert Medical Office Bldg.  
110 Hospital Road, Suite 202/211  
Prince Frederick, MD 20678  
2) Dunkirk Medical Center  
10845 Towne Center Blvd, #202  
Dunkirk, MD 20754

Calvert Women's Center  
410-414-4740  
1) Marshall, Ranette M.D.  
Calvert Medical Office Bldg.  
110 Hospital Road, Suite 203  
Prince Frederick, MD 20678

2) Mahata, Aparajita M.D.  
1) Calvert Medical Office Bldg.  
110 Hospital Road, Suite 203  
Prince Frederick, MD 20678

2) Dunkirk Medical Center  
1085 Towne Center Blvd Suite 207  
Solomons, MD 20688

3) Nassirae, Mitra M.D.  
1) Calvert Medical Office Bldg.  
110 Hospital Road, Suite 203  
Prince Frederick, MD 20678

2) Solomons Medical Center  
14090 HG Trueman Rd., Suite 2600  
Solomons, MD 20688

St. Mary's County OB Providers:  
Southern MD Women's Healthcare  
301-997-1788 (Leonardtown)  
Polko, Lisa M.D.  
Davis, Nnamdi M.D.  
Colwill, Jessie M.D.

Neal, Joyce M.D.  
301-475-0145 (Charlotte Hall)

## Family Practice

Calvert Prim Care  
1) Ouwinga, I. Monet M.D.  
Garrity, Julia CRNP  
Dunkirk Medical Center  
10845 Towne Ctr Blvd, # 102  
Dunkirk, MD 20754  
410-535-5660

2) Brooks, Michael M.D.  
Batong, Silvia M.D.  
Folsom, Michelle M.D.  
McPheeters, Christina, CRNP  
Pitman, Lacy CRNP  
Calvert Medical Office Bldg.  
110 Hospital Road, Suite 111  
Prince Frederick, MD 20678  
410-535-4488/301-855-1513

3) Stoner, Melissa M.D.  
Twin Beach Health Center  
8924 Chesapeake Ave  
North Beach, MD 20714  
410-257-7279

4) Bennett, Charles M.D.  
Proctor, Keyonna, MD  
11845 HG Trueman Road  
Lusby, MD 20657  
410-326-6344

5) Papino-Higgs, Maria Novella  
M.D.  
Proctor, Keyonna, MD  
Boehm, Carol CRNP  
Solomons Medical Center  
14090 HG Trueman Rd, #2100  
Lusby, MD, 20657  
410-394-3712

Brophy, Catherine M.D.  
Owens, Joyce M.D.  
Denekas, David M.D.  
22010845 Towne Center  
Blvd, #203  
Dunkirk, MD 20754  
410-286-3865

Brower, Deborah CRNP  
Wade, Jennifer CRNP  
489 Main St, Suite 102  
Prince Frederick, MD 20678  
410-414-5633

Mathew, Scaria M.D.  
11910 HG Trueman Road  
Lusby, MD 20657  
410-326-6391

## Pediatrician Medical Assistance Providers

Baig, Azam M.D.  
Harris, Kennon M.D.  
Tierney, Jill M.D.  
10264 Southern MD Blvd, Suite 103  
Dunkirk, MD 20754  
301-327-5093  
Edgewater Office 410-956-6302

Hawit, Roula M.D.  
10345 Southern MD Blvd.  
Dunkirk, MD 20754  
410-286-9844

Silpasuvan, Daung M.D.  
Lukban, Sara L. M.D.  
Serasini, Joanne CRNP  
1430 Solomons Island Road  
Huntingtown, MD 20639  
410-535-4544/410-257-2700

Mehta, Bhargesh M.D.  
Mahat, Upendra M.D.  
Karinsky, Julia M.D.  
1005 Prince Frederick Blvd, # 101  
Prince Frederick, MD 20678  
410-535-5555/301-855-1114

Dunkirk Medical Center  
3140 West Ward Rd. Suite 207  
Dunkirk MD 20754  
410-257-1744/301-855-4525

Skolnick, Michael M.D.  
Chiu, Meghan M.D.  
Singh, Manbir M.D.  
Bhogte, Coralyn M.D.  
130 Hospital Road, Suite 207  
Prince Frederick, MD 20678  
410-535-5959

## Internal Medicine

Benner, Charles M.D.  
Solomons Medical Center  
14090 HG Trueman Rd., Suite  
2600  
Solomons, MD 20688  
410-449-6602

Calvert Internal Medicine  
1) Calvert Medical Office Bldg.  
110 Hospital Road, Suite 310  
Prince Frederick, MD 20678

2) Dunkirk Medical Center  
10845 Towne Center Blvd, Suite  
204  
Dunkirk, MD 20745

3) Solomons Medical # 2500  
Solomons, MD 20688  
All CIM Locations, call:  
410-535-2005/301-855-1644

Jani, Parul M.D.  
1005 Prince Frederick Blvd  
Prince Frederick, MD 20678  
410-535-5555/301-855-1114

Mathur, Mukesh M.D.  
Mathur, Manoj M.D.  
Suana, Gyan, M.D.  
3995 Old Town Rd, Suite 202  
Huntingtown, M.D. 20639  
410-535-1451

Shah Associates  
Calvert Medical Arts Center  
130 Hospital Road, Suite 300  
Prince Frederick, MD 20678  
410-535-4333

Yazdani, Mahin M.D.  
2555 Solomons Island Rd.,  
North  
Huntingtown, MD 20639  
410-535-1695

St. Mary's Pediatricians:  
Dhillon, Amarpreet M.D.  
Leonardtown 301-475-9499

Miller, Robert E. M.D.  
Robinson, Sherice M.D.  
Brown, Crystal M.D.  
Leonardtown 301-475-7222

Sheth, Amit M.D.  
California 301-863-6373

Haggerty, Jean M.D.  
Leonardtown 301-475-4610

Johnson, Sarah M.D.  
Leonardtown 301-997-0055

Fahmi, Fahmi M.D.  
Lexington Park 240-237-8557

MedstarShah Pediatrics  
California 301-863-9000  
Hollywood 301-373-7200  
Charlotte Hall 301-884-7330  
Leonardtown 301-475-8833

South Anne Arundel Pediatricians:  
Bryant, Nancy CRNP  
West River 410-867-4700  
The Pediatric Group  
Crofton 410-721-2273  
Davidsonville 410-798-1600

## Childbirth/CPR Classes

Calvert Memorial Hospital 410-535-8233  
Keep Well Center - CPR Classes (fee)

Nurturing Necessities 410-414-5414  
Childbirth Classes (fee) / Breastfeeding assistance.

Medstar St. Mary's Hospital 301-475-6019  
Childbirth Classes/CPR Classes (fee)

## Child Care Resources

Locate Child Care 1-877-261-0060  
Assistance in locating a licensed child care provider.

DSS (Child Care Vouchers) 443-550-6900

The Promise Resource Center 1-866-290-0040  
Information & training for child care providers

## Education Resources

Calvert County Public Schools 443-550-8000

Infants & Toddlers Program 443-550-8405

Child Find (2 years 9months & older) 443-550-8381

Head Start 443-550-8053

Judy Center 443-550-8077

Adult Education Program 443-535-7382  
Adult Basic Education / Literacy Tutors / GED  
Classes

GED Practice Test / National External Diploma  
Program

College of Southern MD/PF 443-550-6000

## Parenting Classes/Support Programs

CareNet/Calvert County 410-326-6866

Parents' Place of Maryland 800-394-5694

Partners for Success (School) 443-550-8375

Healthy Families / HIPPY 443-550-8050

Family ACCESS Center 443-975-7357

Barstow Acres Children's Center 410-414-9901

Family Encouragement Coaching 410-610-2352

## Additional Resources

Child Safety Seat Information 410-535-2800

Calvert Co. Parks & Rec. 410-535-1600 x2225

Calvert County Government 410-535-1600

Community Mediation Center 443-295-7456

Paternity Testing for Child Support, contact  
Circuit Court Clerks Office 410-535-1600 x2572

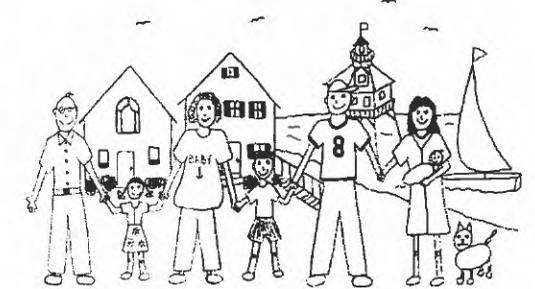
DNA Diagnostic Center 800-362-2368  
(Private Paternity Testing Center)

Calvert Library (calvert.lib.md.us) 410-535-0291

MD Community Services Locator mdcs.org

(Revised 4/19/2017)

# CALVERT COUNTY COMMUNITY RESOURCES



Compiled by  
Calvert County  
Health Department  
975 Solomons Island Rd.  
Prince Frederick, MD  
www.calverthealth.org  
410-535-5400  
301-855-1353

### Crisis Hotlines

Domestic Violence 24-hour Crisis Hotline:  
410-535-1121/301-855-1075

Teen Help Line: 410-257-2216

Nat'l Suicide Prevention Lifeline:  
1-800-784-2433

Poison Control: 1-800-222-1222

### Calvert County Health Department 410-535-5400/301-855-1353

Adult Immunization Clinic	option 6
Birth Certificate Information	x 387
Behavioral Health:	
Mental Health Clinic (outpatient)	x 475
School-Based Mental Health Counseling	x 475
Substance Abuse Service	410-535-3079
Recovery Support Services	410-535-3079 x 36
Breast & Cervical Cancer Screening	x 350
Child Immunization Clinic	option 6
Child Passenger Safety Seat Assistance	x 348
Children with Special Health Care Needs	x 405
Colorectal Cancer Screening	x 348
Crisis Intervention Center	x 384
Diabetes Programs	x 459
Environmental Health	410-535-3922/301-855-1557
Genoa Pharmacy	443-486-7173
HIV Testing/Counseling	x 332
Health Choice/MCHP (Medical Assistance)	option 6
Maternal Child Program	x 351
Medical Assistance Transportation	410-414-2489
Mental Health Program	x 475
Pregnancy Tests	x 332
Reproductive Health Clinic	x 332
Sexually Transmitted Infection Clinic	x 332
Smoking Cessation Program	x 359
WIC Program	x 369

### Health Insurance Resources

Marylandhealthconnection.gov	
MD Health Connection Call Ctr	1- 855-642-8572
Calvert County Health Dept	410-535-5400
Department of Social Services	443-550-6900
Connect Southern Maryland	443-404-5761
HealthChoice Enrollment Line	800-977-7388
Health Choice Help Line	800-284-4510
Healthy Smiles Dental Program	855-934-9812

### Hospitals / Urgent Cares / Clinics

Calvert Memorial Hospital:	
	410-535-4000/301-855-1012
St. Mary's Hospital (Medstar)	301-475-8981
U of MD/Charles Med Ctr (Civista)	301-609-4000
Anne Arundel Medical Center	443-481-1000
Dunkirk Urgent Care	410-286-7911
Prince Frederick Urgent Care	410-535-8911
Solomons Urgent Care	410-394-2800
University of MD Medical Center	800-492-5538
Johns Hopkins Hospital	410-955-5000
Children's Nat'l Medical Center	202-476-5000
Greater Baden Medical Center	301-888-2233
LaPlata OB/GYN (Hispanic Clinic)	301-609-4800

### Mental Health Resources

CCHD Mental Health Clinic	410-535-5400
Center for Children	410-535-3047
Chesapeake Neurology	410-535-2500
Andrew Gergely, MD & Assoc	410-286-0664
Osama Saleh, MD & Assoc	410-535-5602
Shah Associates	410-535-4333
Barstow Acres Children's Center	410-414-9901
Tri-County Youth Services	443-975-7357
So. MD Community Network	410-535-4787
Calvert Counseling Center	443-295-3341
CCHD Crisis Intervention	410-535-5400 x384
DPK Counseling	410-535-4854
Deborah Nelson LCPC	410-414-5953
Online resources: calvert.md.networkofcare.org	

### Substance Abuse Resources

Bayside Recovery (outpatient)	443-486-5680
Calvert Behavioral Health	410-535-3079
-Recovery Support Services	410-535-3079 x36
Carol Porto Treatment Center	410-535-8930
Walden/Anchor (inpatient)	301-290-0270
Open Arms (outpatient)	301-645-5538
Center for Addiction & Pregnancy	410-550-3066
Outlook Recovery	240-237-8325

### Vision Resources

My Eye Dr./Prince Frederick	410-535-2020
My Eye Dr./Dunkirk	443-964-8705
Chesapeake Retina Center	410-535-6179
Maryland Eye Assoc (medical only)	410-535-2270

### Dental Resources

Calvert Community Dental (Lusby)	410-535-8402
Tidewater Dental (Prince Frederick)	410-414-8333
Dr. Juambelz (Dunkirk)	301-855-8888
Tyler Dental (Dunkirk)	301-327-5086
Drs. Ursic/Yazden/Nguyen (Lusby)	410-326-4078
Dr Plater & Associates (Owings)	410-535-1990
Dr. Finch (Owings)	410-257-9655
Dunkirk Dental Assoc. (Dunkirk)	410-257-2400
Greater Baden Health Grp	301-888-2233 x3102
Dr Dowling(Orthodontics/need referral)	410-535-0861
Dr King (oral surgery/Waldorf)	301-645-4555
Univ of MD Dental School (adults)	410-706-7063
Univ of MD Dental School (child)	410-706-4213
Washington Hospital Center	202-877-7332

### Disability Resources

DDA Southern MD Regional Office	888-207-2479
Dept. of Rehabilitation Services	410-535-2620
DHR Respite Grant	301-475-5652 x101
MD Community Connections (LISS)	877-622-6688
Adult Day Care of Calvert County	410-535-0133
Arc of Southern Maryland, Calvert	410-535-2413
Friendly Health Services	410-535-6542
MMARS RC, Inc.	443-573-3375
Total Care Support	301-918-0070 x225
Office on Aging	410-535-4606/301-855-1170
Therapeutic Recreation	410-535-1600 x8204
Online Resource Locator	<a href="http://specialneeds.dhmh.maryland.gov/">http://specialneeds.dhmh.maryland.gov/</a>

### Financial Resources

Department of Social Services	443-550-6900
Child Support Services	1-800-332-6347
Social Security Administration	800-772-1213
Charlotte Hall Social Security	888-866-5181
Unemployment Office	877-293-4125
Southern Md. Tri-County Community Action	
Energy Assistance	410-535-1010
So. Maryland Job Source	443-550-6750
Community Ministry of Calvert	410-414-8007
Christmas in April Calvert Co.	410-535-9044

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### Transportation

Medical Assistance Transportation	410-414-2489
Medical appointments only. Must schedule in advance.	
Public Transportation	410-535-4260
Smart Rides	410-535-6930

### Legal Assistance

So. Md Center for Family Advocacy	
Aid for Victims of Domestic Violence	301-373-4141
Legal Aid Bureau	1-877-310-1810
Family Law Center (free) Circuit Court	
Every Wednesday 12:30-2:30 pm	

### Housing/Shelters

Calvert Co. Housing Authority	410-535-5011
So. Md. Tri-County Community Action	410-535-1010
Project Echo	410-535-0044
Homeless Shelter- Men, Women and Children	
Angel's Watch Shelter	301-274-0680
Homeless Shelter-Women & Children (Charles County)	
Safe Nights of Calvert County	443-486-8670
Domestic Violence 24-hour Crisis Hotline:	410-535-1121/301-855-1075

### Food Assistance

WIC Program	1-877-631-6182
DSS	443-550-6900
Bayside Baptist Church	410-257-0712
Chesapeake Cares	410-257-3444
Crossroad Christian Church	410-586-1272
First Lutheran Church	410-257-3030
The Food Pantry	410-414-7474
S.M.I.L.E. Food Pantry	410-326-0009
St. Anthony's Church	410-286-7086
St John Vianney	410-535-0223
Emmanuel 7th Day Adv.	410-586-0889
Randle Cliffs Com. Church	410-257-0342
S.H.A.R.E Food Network	1-800-217-4273
Birthright (Formula/Baby Food)	410-257-1402

### Clothing Resources

Birthright (Maternity/Baby)	410-257-1402
S.M.I.L.E (Solomons)	410-326-0009
HELP Association	410-257-6669
Care Net/Calvert County	410-326-6866