

# Harvest Guide

## BY MONTH

Take the guesswork out of finding fresh local produce by using this handy harvest guide.

*Harvest dates are approximate*

What's in season?

	JAN.	FEB.	MARCH	APRIL	MAY	JUNE	JULY	AUG.	SEPT.	OCT.	NOV.	DEC.
Apples												
Blackberries												
Blueberries												
Cherries												
Figs												
Grapes												
Melons												
Peaches												
Pears												
Plums												
Raspberries												
Rhubarb												
Strawberries												
	JAN.	FEB.	MARCH	APRIL	MAY	JUNE	JULY	AUG.	SEPT.	OCT.	NOV.	DEC.
Bedding Plants												
Flowers (Fresh)												
Vegetable Plants												
Christmas Trees												
	JAN.	FEB.	MARCH	APRIL	MAY	JUNE	JULY	AUG.	SEPT.	OCT.	NOV.	DEC.
Asparagus												
Beans (Snap)												
Beans (Lima)												
Beets												
Broccoli												
Cabbage												
Cauliflower												
Corn (Yellow/White)												
Corn (Indian)												
Cucumbers												
Eggplant												
Gourds												
Greens (Cooking)												
Greens (Salad)												
Okra												
Onions												
Peas												
Peppers												
Potatoes												
Potatoes (Sweet)												
Pumpkins												
Spinach												
Squash (Summer)												
Squash (Winter)												
Tomatoes												
Turnips												