

Some meetings are **Zoom only**, others are **In-Person only**, a few are both.

Monday

Crossroads AFG 11:30 AM
St. Mary's County / Church of the Ascension
21641 Great Mills Rd. Accessible
Lexington Park, MD 20653 No AA Mtg
In-Person Only Open

Monday's Hope AFG 7:30 PM
Zoom Only:
Meeting ID: 371-641-749
Meeting Password: 629903

Alateen 7:30 PM
Zoom Only:
Meeting ID: 897 5578 6747
Meeting Password: 717885

Tuesday

Prince Frederick Daytimers AFG 10:30 AM
Zoom Only:
Meeting ID: 883 8789 7087
Meeting Password: DayTimers

Pomfret Way of Life AFG* 8:00 PM
Charles County / St. Joseph's Church
4590 Saint Joseph Way (off Rt 227) AA
Pomfret, MD 20675 Accessible
In-Person Only

Wednesday

Mid-Week Recovery AFG 8:00 PM
Calvert County/
Mount Harmony United Methodist Church
155 E. Mount Harmony Rd. No AA Mtg
Owings, MD 20736 Open
(Enter top parking lot side door)
In-Person Only:

Thursday

Beginners by the Bay AFG Noon
Calvert County/Union Church
8912 Chesapeake Ave No AA Mtg.
North Beach, MD 20714 Open
(White building next to Church)
Fragrance Free Accessible
In-Person Only

Hope on the Hill AFG 7:00 PM
St. Mary's County / St. George's Episcopal
Church
19167 Poplar Hill Lane AA Mtg.
Valley Lee, MD 20692 Open
(Parish Hall) Accessible
In-Person Only

Friday

Serenity at Last AFG 11:00 AM
St. Mary's County / Good Samaritan Lutheran
Church
20850 Langley Rd. No AA Mtg
Lexington Park, MD 20653 Open
(Disciples Den – 2nd bldg.) Accessible
In-Person Only

Friday Nighters AFG* 8:30 PM
Zoom Only:
Meeting ID: 111 776 413
Meeting Password: 922142

Saturday

Early Risers AFG 8:30 AM
Calvert County \ Union Church
8912 Chesapeake Ave No AA Mtg.
North Beach, MD 20714 Open
(White Educational Bldg.) Accessible
Zoom and In-Person:
Meeting ID: 949-738-134
Meeting Password: 358416

Alateen 11:00 AM

Zoom Only:
Meeting ID: 852 9632 3586
Meeting Password: 240291

Sunday

Just a Step Away AFG 7:00 PM
Calvert County / Our Lady Star
of the Sea Church (convent) AA Mtg.
14400 Solomons Island Rd South
Solomons, MD 20688 Open
In-Person Only

Notes

“Open” = meeting open to anyone interested in Al-ANON (including students & health professionals).
*These meetings are for only AL-ANON members & anyone whose life is or has been affected by a problem drinker.
“Accessible” = meeting location is wheelchair accessible by ramp, elevator or 1 or 2 steps.
Some meetings simultaneous with AA meetings held in the same facility.

The Serenity Prayer

God, grant me the
SERENITY
To accept the things I
cannot change,
COURAGE to change the
things I can,
And **WISDOM** to know the
difference.

More AL-ANON Information

www.marylanddc-alanon.org

www.alateenmddc.com

www.al-anon.org

(888) 4AL-ANON (888) 425-
2666

AA Meeting Info:

1-800-492-0209

www.somdaa.org

AL-ANON IS:

- A **FELLOWSHIP** of relatives and friends of alcoholics who believe their lives have been affected by someone else's drinking
- A **SELF-HELP** recovery program based on the Twelve Steps of Alcoholics Anonymous (AA)
- A **NON-PROFESSIONAL** fellowship where members share their experience, strength and hope to solve their common problems.
- An **ANONYMOUS** program with the identity of all AL-ANON and AA members protected.
- A **SPIRITUAL** program that is compatible with all religious beliefs or none.
- A program with the **SINGLE PURPOSE** of helping families and friends of alcoholics, whether the alcoholic is still drinking or not.
- A **WORLDWIDE** fellowship with more than 31,000 groups in over 112 countries that has been in existence since 1951.
- **COMPATIBLE** with professional treatment. Statistics show 67% of its members received counseling after attending AL-ANON.
- **FREE OF CHARGE** and self-supporting through members' voluntary contributions. There are no dues or fees for membership.

ALATEEN is:

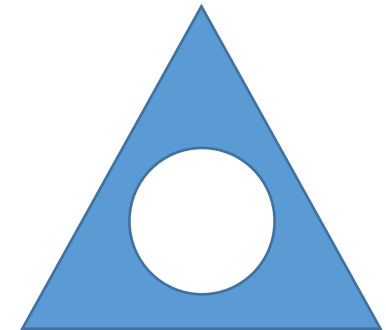
- A part of AL-ANON
- For teenagers who have been affected by someone else's drinking.

AL-ANON and ALATEEN

Directory of Meetings for Southern Maryland

(Charles, Calvert and
St. Mary's counties)

*Help for families and
friends
of problem drinkers*



May, 2023

