

WATER FITNESS SCHEDULE - Summer

June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 7:00-7:45a Power Surge 9:15-10:00a Aqua Fit 10:15-11:00a Motivated 7:15-8:00p Zumba	2 9:00-9:45a Jazz 9:15-10:00a Boot Camp 10:30-11:15a Awesome	3
4	5 9:00-9:45a Jazz 9:15-10:00a Boot Camp 10:30-11:15a Awesome 6:00-6:45p Aqua Aerobics 7:00-7:45p Low Impact	6 9:15-10:00a Aqua Fit 10:00-10:45a Aqua Aerobics 10:15-11:00a Motivated 7:15-8:00p Zumba	7 7:00-7:45a Power Waves 9:00-9:45a Jazz 9:15-10:00a Boot Camp 10:30-11:15a Awesome 6:00-6:45 Aqua Aerobics 7:00-7:45 Aqua Aerobics	8 7:00-7:45a Power Surge 9:15-10:00a Aqua Fit 10:15-11:00a Motivated 7:15-8:00p Zumba	9 9:00-9:45a Jazz 9:15-10:00a Boot Camp 10:30-11:15a Awesome	10
11	12 9:00-9:45a Jazz 9:15-10:00a Boot Camp 10:30-11:15a Awesome 6:00-6:45p Aqua Aerobics 7:00-7:45p Low Impact	13 9:15-10:00a Aqua Fit 10:00-10:45a Aqua Aerobics 10:15-11:00a Motivated 7:15-8:00p Zumba	14 7:00-7:45a Power Waves 9:00-9:45a Jazz 9:15-10:00a Boot Camp 10:30-11:15a Awesome 6:00-6:45 Aqua Aerobics 7:00-7:45 Aqua Aerobics	15 7:00-7:45a Power Surge 9:15-10:00a Aqua Fit 10:15-11:00a Motivated 7:15-8:00p Zumba	16 9:00-9:45a Jazz 9:15-10:00a Boot Camp	17
18 	19 9:00-9:45a Jazz 9:15-10:00a Boot Camp 10:30-11:15a Awesome 6:00-6:45p Aqua Aerobics 7:00-7:45p Low Impact	20 9:15-10:00a Aqua Fit 10:00-10:45a Aqua Aerobics 10:15-11:00a Motivated 7:15-8:00p Zumba	21 7:00-7:45a Power Waves 9:00-9:45a Jazz 9:15-10:00a Boot Camp 10:30-11:15a Awesome 6:00-6:45 Aqua Aerobics 7:00-7:45 Aqua Aerobics	22 7:00-7:45a Power Surge 9:15-10:00a Aqua Fit 10:15-11:00a Motivated 7:15-8:00p Zumba	23 9:00-9:45a Jazz 9:15-10:00a Boot Camp 10:30-11:15a Awesome	24
25	26 9:00-9:45a Jazz 9:15-10:00a Boot Camp 10:30-11:15a Awesome 6:00-6:45p Aqua Aerobics 7:00-7:45p Low Impact	27 9:15-10:00a Aqua Fit 10:00-10:45a Aqua Aerobics 10:15-11:00a Motivated 7:15-8:00p Zumba	28 7:00-7:45a Power Waves 9:00-9:45a Jazz 9:15-10:00a Boot Camp 10:30-11:15a Awesome 6:00-6:45 Aqua Aerobics 7:00-7:45 Aqua Aerobics	29 7:00-7:45a Power Surge 9:15-10:00a Aqua Fit 10:15-11:00a Motivated 7:15-8:00p Zumba	30 9:00-9:45a Jazz 9:15-10:00a Boot Camp 10:30-11:15a Awesome	